

2018 – 2019 Food Service Information

SCPA Cafeteria & A la Carte is a PRE-PAID system. Please make sure your student(s) have money in their account to make a purchase.

- **Deposits to student lunch accounts may be made on-line via FeePay/Meals.**
Deposits made on-line will be credited to the student's lunch account within 24 hours.
- **Deposit may also be made via cash or check and delivered to the school business office,** either directly or via the student's classroom teacher. Cash or check deposits will be posted to the students account within 24 hours of the business office's receipt of the funds.
- **You may also monitor your students balance, review account history, set up automatic payments based on meal balance or set an email low balance reminder** amount through their FeePay account/Meals/Alerts & AutoPay.
- **If you need help accessing the FeePay system to add funds,** please contact Susan in the Main Office at susanpeterson@stcroixprep.org
- **Please contact the office if there is a need to fill out an Educational Benefits form.** Educational benefit forms are available online on the food service page of the SCPA website. This confidential form may be filled out at any time during the year. Please contact Marianne Thole, for Education Benefit questions at mthole@stcroixprep.org or 651-395-5915.

Monthly Menus and Carb Counts

- **SCPA Menus are available at:** stcroixprep.org/Lower, Middle or Upper School/Lower, Middle or Upper School General/Additional Resources/Food Services/Menus
- **Nutrislice App is available** for smart phones using District: Saint Croix Preparatory

Breakfast / Lunch Pricing includes:

- Hot Lunch (milk included) with 2 daily entrée selections - \$3.50 (\$17.50/week)
- Second full meal - \$3.75
- Reduced Price Lunch - \$0.00
- Adult Lunch - \$3.75
- Second or a la carte Milk - \$.45
- Second Entrée Helping - \$2.50
- Various a la carte items- varied (\$.50 - \$2.50)
- Additional helpings on cold bar – *free with purchase of lunch*
- Breakfast \$1.50
- Breakfast Entrée only \$1.25

A la Carte Guidelines

- **Morning a la carte is available daily from 8:45-9:15am and is open to ALL students, grades K-12.** Students must have funds in their account to make a purchase. If parents DO NOT want their child to purchase during morning a la carte, please email mthole@stcroixprep.org to request a block on their account.
- **SCPA follows The National School Lunch Program which enacted guidelines for snacks available in schools.** The guidelines restrict caloric, sodium, fat and sugar content in items available during the school day. Included are our a la carte and vending machine options. For more information, please visit www.smartsnacksinschool.com and www.healthiergeneration.org/smartsnacks
- **A la carte milk will be available for \$.45 per carton. One milk is included with the purchase of a hot lunch meal.** *The milk served at SCPA is NOT treated with rBST/rBGH*
- **With the exception of milk, a la carte items will not be available to lower school students during lunch.**
- **SCPA will allow milk substitutions** for children with lactose intolerance. The substitution is lactose reduced milk. A medical statement signed by a licensed health care provider must be on file in the school health office in order to provide an alternative beverage choice for students.

Offer vs. Serve

- As a National School Lunch and Breakfast participant, SCPA must either chose to 'offer' students various menu items or 'serve' them all menu items regardless of personal preference. SCPA has chosen the 'offer' option instead of the 'serve' option because the school believes the 'offer' option reduces food waste.

Requirements of the 'serve' option are as follows:

A student is allowed to choose 3-5 of the day's USDA food-group offerings. Offerings include items from the various food groups: grains, dairy, fruit, vegetables and proteins. (A student may decline no more than 2). Meals are priced as a unit whether the student selects 3, 4 or 5 menu items. **A student must take ½ cup of fruits and vegetables to qualify as a reimbursable lunch.**

Comments or Questions

Questions related to PayPal; please contact Susan Peterson, SCPA Main Office (susanpeterson@stcroixprep.org or 651-395-5994)

All other lunch program related questions, please contact Marianne Thole, SCPA Food Service Director (mthole@stcroixprep.org or 651-395-5915)